

REPORT TO THE HEALTH AND WELLBEING BOARD

3rd April 2018

Director of Public Health Annual Report 2017 'A Day in the Life of.....'

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1. Purpose of Report

- 1.1 To provide Health & Wellbeing Board members with details of the Director of Public Health Annual Report 2017

2. Recommendations

- 2.1 Health and Wellbeing Board members are asked to:-

- Note the completion of this year's annual report and signpost to interested parties as appropriate.

3. Introduction and Background

3.1 Directors of Public Health in England have a statutory duty to write an Annual Public Health Report to demonstrate the state of health within their communities. It is a major opportunity for advocacy on behalf of the health of the population and as such can be powerful in talking to the community.

3.2 In the 2017 report, we have tried to capture a snapshot in time to illustrate the health and wellbeing of Barnsley's residents. Through the completion of a short diary, residents told us about their physical and mental health on 7 November 2017 and what might have made it better or worse.

3.3 'A Day in the Life of...' has provided us with an invaluable and unique insight into the daily challenges that affect our residents' physical and mental health and a better understanding of what people think makes their health better or worse.

Five themes were identified from the diary entries received:

1. The importance of being resilient
2. The importance of our connections with others
3. The importance of Five Ways to Wellbeing
4. The importance of sleep
5. The importance of work

3.4 'A Day in the Life of...' of has been designed in the form of an online 'flipbook' and will be distributed electronically and through social media platforms. A small number of hard copies will also be produced. It will then be stored, along with the original diaries; in the Barnsley Archives where we hope it will form a piece of social history by providing generations to come with a record of everyday life in Barnsley.

4. Financial Implications

4.1 The costs involved in producing the report include; design, photography and printing to a total cost of £2215.

5. Conclusion / Next steps

5.1 The report will help to identify key issues, make new recommendations and flag up problems to inform our future work and improve the health of the residents of Barnsley. It was made publicly available via a planned communication on the 7th March.

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